

**Is a Collaborative Divorce Right for You?**

Based on our collective experience, we believe that a Collaborative divorce is by far the best and most successful option for most couples. But you are the best judge of your own goals and situation. The following short quiz will help you determine whether the Collaborative method is your best option. After taking the test, we'll talk about some of the challenges you may face and help you determine whether they can be overcome.

Print one test for yourself to take. Print another and give it to your spouse. You will fill them out separately. For each statement below, circle the appropriate answer indicating how little or how much you agree. You'll learn what each of your answers means later.

	Strongly Disagree	Disagree	Neutral (or N/A)	Agree	Strongly Agree
My ability to achieve a successful outcome in the divorce primarily will depend on the decisions I made in the process.	1	2	3	4	5
In order to achieve my most important goals, I am willing to let go of some smaller, short-term issues, even though it may be very hard to do so.	1	2	3	4	5
I am capable of making the emotional commitment necessary to achieve the best possible outcome.	1	2	3	4	5
I am not afraid of or intimidated by my spouse.	1	2	3	4	5
I am willing to try to see things from my spouse's point of view in order to help achieve the best possible outcome.	1	2	3	4	5
I believe it is possible for my spouse and me to restore enough trust in each other to achieve a successful outcome.	1	2	3	4	5
I am willing to commit myself fully to resolving the issues through the Collaborative process by working towards common interests rather than simply arguing in favor of my positions.	1	2	3	4	5
It is important to me that my spouse and I maintain a respectful and effective relationship after the divorce.	1	2	3	4	5
I have accepted the fact that this divorce is going to happen.	1	2	3	4	5
I believe that it is very important that our children maintain a strong, healthy relationship with both parents.	1	2	3	4	5